BIG DATA AND THE HEART DISEASE: IMPACT AND POTENTIAL

ADJ ASSOCIATE PROF TAN SWEE YAW NATIONAL HEART CENTRE SINGAPORE

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WHAT IS BIG DATA

• Study and application of datasets that are too large and complex for traditional data analytics to handle



APPLICATIONS

- Internet Boolean Search Engines
- Advertising
- Fintech
- Government
- Medical Research and Service Provision



ROLE OF BIG DATA AND MEDICINE

- Learning from large, complex data sets
- build better health profiles and better predictive models
- Individualise treatment
- better diagnose and treat disease.
- improve classification of disease,
- reveal ways to determine the influence of particular physicians on practice patterns,
- predict clinical events.

CHALLENGES

• Accurate data collection and acquisition

- Data Storage
- Data Analysis
- Data Search and Transfer
- Data application for real world uses
- Information Privacy and Security

WHY NOW?

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CHEAP STORAGE

Western Digital.

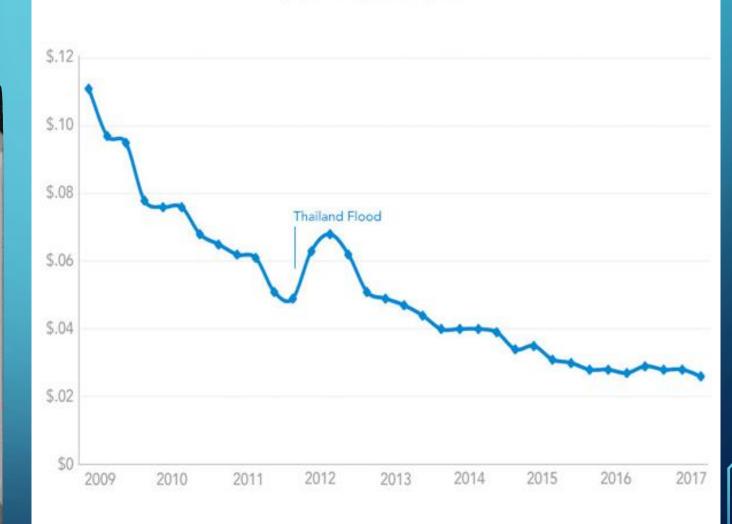
Ultrastar DC HC620 DATA CENTER SMR DRIVE

15тв

HelioSeal*

Backblaze Average Cost per GB for Hard Drives

By Quarter: Q1 2009 - Q2 2017



BACKBLAZE

AFFORDABLE DATA GATHERING DEVICES

Cheap data gathering (Mobile devices, Wearable trackers, Security cameras, Home Sensors) – Data acquisition has increased at double every 40 months

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Kuva 1. Internet of Things. Lähde: Huffington Post

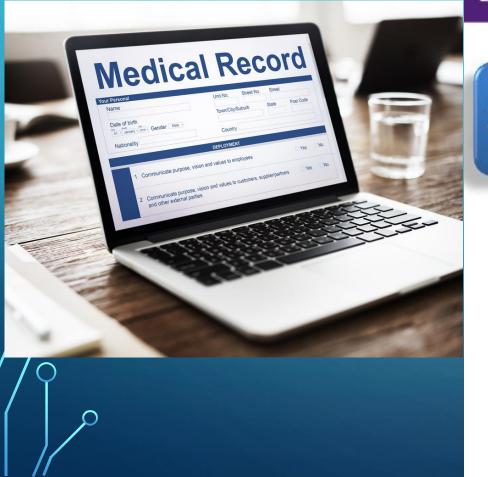
ELECTRONIC MEDICAL RECORDS

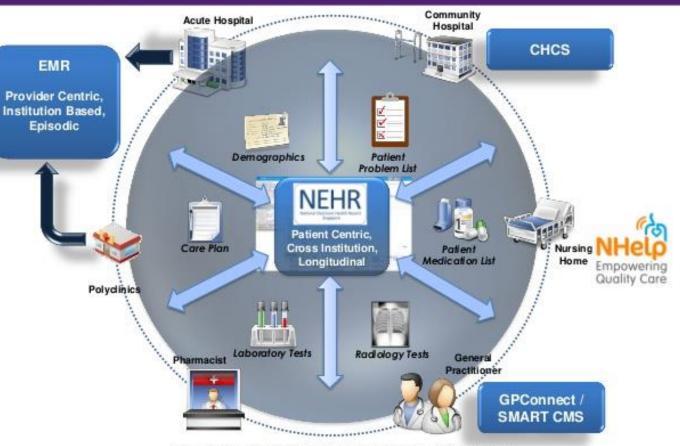


NEHR facilitates the sharing of a summary care record from EMRs so as to have a comprehensive longitudinal care record for the patient.

MOHHOLDINGS

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DATA SECURITY



BIG DATA AND HEALTHCARE - PERSONALISED MEDICINE

- Personalized medicine
- Prescriptive analytics
- Clinical risk intervention
- Replicating Clinical Tests
- Electronic health data management,
- Clinical Imaging storage,
- Sensor data,
- Information Security and Data Protection



PERSONALISED PRECISION CARDIOLOGY

• The Shift from 'One Size Fits All'

- The electronic patient health record (EHR) is a source of big data containing information regarding socio-demographics, medical conditions, genetics, and treatments;
- EHR will provide an integral resource for future clinical decision support systems (CDSSs)
- Adherence, screening and readmission

Patient-tailored prioritization for a pediatric care decision support system through machine learning J. Am. Med. Inform. Assoc., 20 (e2) (2013), pp. e267-e274

Precision Analytics

PRECISION ANALYTICS

- takes prediction one step further by showing providers even variables which have never been identified
- decision support protocols treatments useful for new clinical staff
- Prescriptive analytics leverages descriptive reports and predictive data analytics to identify the action that would produce the maximum value for the minimum effort,
- allowing users to develop and adhere to optimal clinical pathways.

TRADITIONAL RISK SCORING

FRAMINGHAM RISK SCORE to predict 10 year ABSOLUTE RISK of CHD EVENT ST ALBANS & HEMEL HEMPSTEAD NHS TRUST : CARDIOLOGY DEPARTMENT

This risk assessment only applies to assessment for PRIMARY PREVENTION of CHD, in people who do not have evidence of established vascular disease. Patients who already have evidence of vascular disease usually have a >20% risk of further events of over 10 years, and require vigorous SECONDARY PREVENTION. People with a Family History of premature vascular disease are at higher risk than predicted; Southern Europeans and some Asians may have a lower risk in relation to standard risk factors.

STEP 1: Add scores by sex for Age, Total Cholesterol, HDL-Cholesterol, BP, Diabetes and Smoking. (If HDL unknown, assume 1.1 in Males, 1.4 in Females)

A	70		Total Chol	leste	rol	HDL Chole	ster	lo	Systolic BP		D	iastolic i	BP		Diabetes	M	F	Smoking	M	F
200	M	F		M	F		M	F.	Male	<80	80-84	85-89	90-99	≥100	No	0	0	No	0	0
30-34	- 1	- 9	< 4.1	- 3	- 2	<.0.9	2.	\$	<120	0	0	1	2	3	Yes	2	4	Yes	2	2
35-39	0	-4	4.1 - 5.1	0	0	0.9 - 1.16	1	2	120-129	0	0	1	2	3						
40-44	1	0	5.2 - 6.2	1	1	1.17 - 1.29	0	1	130-139	1	1	1	2	3						
45-49	2	3	6.3 - 7.1	2	1	1.30 - 1.55	0	0	140-159	2	2	2	2	а.						
50-54	3	6	7.2	3	3	≥1.56	- 2	- 3	≥160	3	11.3	3	3	3						
55-59	4	7				× *	-	0	Female	<80	80-84	85-89	90-99	≥100		Ca	tego	isation of 10	year I	Rist
60-64	5	8							<120	- 3	0	0	2	3			5	of CHD Even		
65-69	6	8							120-129	0	0	0	2	3		Ve	ry Lo	w risk	<	10%
70-74	7	8							130-139	0	0	0	2	3		Lo	w ris	k	< 1	15%
	-								140-159	2	2	2	2	3		Mo	odera	te risk	15-	20%
									≥160	1	. 3	3	3	3		H	gh ri	sk	-	20
									If Systolic and use score from			nto differ	ent categ	ories,						

STEP 2: Use total score to determine Predicted 10 year Absolute Risk of CHD Event (Coronary Death, Myocardial Infarction, Angina) by sex

Total Score	≤-2	-1	0	1	2	3	4	5	6	7	8		1111	11	12	3	14	15	16	≥17
10 year Risk: Male					4%									31%	37-1	45%	53%	53%	53%	53%
10 year Risk: Female	<1%	2%	2%	2%	3%	3%	4%	4%	5%	6%	7%	8%	10%	11%	13%	15%	18%	20%	24%	27%

STEP 3: Compare Predicted 10 year Absolute Risk with "Average" and "Ideal" 10 year Risks, to give Relative Risks

Age	30 - 34	35 - 39	40-44	45 - 49	50 - 54	55 - 59	60 - 64	65 - 69	70 - 74
"Average" Male	3%	5%	7%	11%	14%	16%	21%	25%	30%
"Ideal" Maie	2%	3%	4%	4%	6%	7%	9%	11%	14%
"Average" Female	<1%	<1%	2%	5%	8%	12%	12%	13%	14%
"Ideal" Female	<1%	1%	2%	3%	5%	7%	8%	8%	8%

"ideal"	' risk represents
Total C	holesterol = 4.1 - 5.1
HDL =	1.2 (Male), 1.4 (Female
BP < 1	20/80
No Dia	betes, Non Smoker

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People with an absolute risk of >20% should be considered for treatment: with a Statin to achieve a Total Cholesterol <5 and/or LDL cholesterol <3.2 with anti-hypertensives to achieve a BP ≤160/90 (ideally ≤140/80)

Dr John Bayliss

Am J Cardiol. 2012 Apr 1;109(7):998-1004. doi: 10.1016/j.amjcard.2011.11.028. Epub 2012 Jan 9.

Comparison of the Diamond-Forrester method and Duke Clinical Score to predict obstructive coronary artery disease by computed tomographic angiography.

Wasfy MM¹, Brady TJ, Abbara S, Nasir K, Ghoshhajra BB, Truong QA, Hoffmann U, Di Carli MF, Blankstein R.

Author information

Abstract

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We sought to evaluate the ability of the Diamond and Forrester method (DFM) and the Duke Clinical Score (DCS) to predict obstructive coronary artery disease (CAD) on coronary computed tomographic angiography (CCTA) and the effect of these different risk scores on the appropriateness level using the 2010 Appropriate Use Criteria. Consecutive symptomatic patients who underwent CCTA for evaluation of CAD (n = 114) were classified as having a low, intermediate, or high pretest probability using the DFM and DCS. Using the Appropriate Use Criteria, the indications for CCTA were classified according to the pretest probability and previous testing. The CCTA results were classified as revealing obstructive (≥70% stenosis), nonobstructive (<70%), or no CAD. When the patients' risk was classified using the DFM, 18% were low, 65% intermediate, and 17% high risk. When using the DCS, 53% of patients had a reclassification of their risk, most of whom changed from intermediate to either low or high risk (50% low, 19% intermediate, 35% high risk). The net reclassification improvement for the prediction of obstructive CAD was 51% (p = 0.01). Of the 37 patients who were reclassified as low risk, 36 (97%) lacked obstructive CAD. Appropriateness for CCTA was reclassified for 13% of patients when using the DCS instead of the DFM, and the number of appropriate examinations was significantly fewer (68% vs 55%, p < 0.001). In conclusion, reclassification of risk using the DCS instead of the DFM resulted in improved prediction of obstructive CAD on CCTA, especially in lowrisk patients. More patients were categorized as having a high pretest probability of CAD, resulting in reclassification of their examination indications as uncertain or inappropriate. These results identify the need for improved pretest risk scores for noninvasive tests such as CCTA and suggest that the method of risk assessment could have important implications for patient selection and quality assurance programs.

PREDICTIVE ANALYTICS

- Predictive analytics tell users what is likely to happen by using historical patterns to infer how future events are likely to unfold.
- eg. If a patient fails to fill a prescription for his congestive heart failure, he is likely to have a higher risk of ending up in the emergency department.
- Predictive analytics can identify that patient based on his previous patterns five late refills in the past year on his pharmacy record, three pounds of weight gain as evidenced by his Bluetoothconnected home scale, and a higher number of calls to his primary care provider in the past two weeks – and calculate the risk that the individual is headed for a costly crisis.

RISK MODEL PREDICTION

- Current ASCVD risk prediction models
- Expert selection of variables, fine-tuning of variable transformations and interactions, and imputing missing values are time-consuming and could bias subsequent analysis, particularly given that missingness in EHR is both high, and may carry meaning.
- Prognostic modelling is important in clinical practice and epidemiology for patient manage- ment and research.

Pooled Cohort Risk Assessment Equations

Predicts 10-year risk for a first atherosclerotic cardiovascular disease (ASCVD) event

LinCalc.com » Cardiology » Pooled Cohort 10-Year ASCVD Risk Assessment Equations

Risk Factors for ASCVD

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Gender	Male Femal	e	Systolic BP	mmHg
Age	years		Receiving treatment for high blood pressure (if SBP > 120 mmHg)	No Yes
Race	White or other	•	Diabetes	No Yes
Total Cholesterol	mg/dL		Smoker	No Yes
HDL Cholesterol	mg/dL			
		Reset	Calculate	
				

Electronic Health Record Management and Data Mining

MACHINE LEARNING AND EHR

• machine learning approaches combined with EHR may make it feasible to produce fine-tuned, individualised prognostic models, which will be particularly valuable in patients with conditions or combinations of conditions which would be very difficult for conventional modelling approaches to capture.

IDENTIFYING NEW RISK VARIABLES

- EHR studies used a median of just 27 variables
- Existing using EHR not many variables
- Issues with missing data

Cardiovascular Risk Factors

Major Risk Factors	Target-Organ Damage					
Hypertension*	Heart					
Age (>55 years, 🖏 >65 years, ⊇)	LVH					
Diabetes mellitus*	Angina/prior MI					
LDL/total cholesterol, or HDL*	Prior coronary revascularization					
Estimated GFR <60 mL/min	Heart failure					
Family history of premature CVD (<55 years, ೈ, <65 years, ⊇) Microalbuminuria (UAE=30-300 mg/d) Obesity* (BMI ≥30 kg/m²) Physical inactivity Tobacco usage	Brain Stroke or transient ischemic attack CKD Peripheral arterial disease Retinopathy					

RESEARCH ARTICLE

Machine learning models in electronic health records can outperform conventional survival models for predicting patient mortality in coronary artery disease

Andrew J. Steele $^{1\,*},$ Spiros C. Denaxas², Anoop D. Shah $^{2,3},$ Harry Hemingway², Nicholas M. Luscombe 1,4,5

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Citation: Steele AJ, Denaxas SC, Shah AD, Hemingway H, Luscombe NM (2018) Machine learning models in electronic health records can outperform conventional survival models for predicting patient mortality in coronary artery disease. PLoS ONE 13(8): e0202344. https://doi. org/10.1371/journal.pone.0202344

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Data Availability Statement: While our data does not contain any personal sensitive identifiers, it's deemed as sensitive as it contains sufficient clinical information about patients such as dates of clinical events for there to be a potential risk of patient reidentification. This restriction has been imposed by the data owner (CPRD/MHRA) and the data sharing agreements between UCL and the CPRD/ MHRA. Access to data may be requested via the Clinical Practice Research Datalink (CPRD) and applying to the CPRD's Independent Scientific

Abstract

Prognostic modelling is important in clinical practice and epidemiology for patient management and research. Electronic health records (EHR) provide large quantities of data for such models, but conventional epidemiological approaches require significant researcher time to implement. Expert selection of variables, fine-tuning of variable transformations and interactions, and imputing missing values are time-consuming and could bias subsequent analysis, particularly given that missingness in EHR is both high, and may carry meaning. Using a cohort of 80,000 patients from the CALIBER programme, we compared traditional modelling and machine-learning approaches in EHR. First, we used Cox models and random survival forests with and without imputation on 27 expert-selected, preprocessed variables to predict all-cause mortality. We then used Cox models, random forests and elastic net regression on an extended dataset with 586 variables to build prognostic models and identify novel prognostic factors without prior expert input. We observed that data-driven models used on an extended dataset can outperform conventional models for prognosis, without data preprocessing or imputing missing values. An elastic net Cox regression based with 586 unimputed variables with continuous values discretised achieved a C-index of 0.801 (bootstrapped 95% CI 0.799 to 0.802), compared to 0.793 (0.791 to 0.794) for a traditional Cox model comprising 27 expert-selected variables with imputation for missing values. We also found that data-driven models allow identification of novel prognostic variables; that the absence of values for particular variables carries meaning, and can have significant implications for prognosis; and that variables often have a nonlinear association with mortality, which discretised Cox models and random forests can elucidate. This demonstrates that machine-learning approaches applied to raw EHR data can be used to build models for use in research and clinical practice, and identify novel predictive variables and their effects to inform future research.

• AI can sometimes beat doctors use of records in predicting CAD

Machine learning identify hero unknown variables

Clinical Risk Intervention

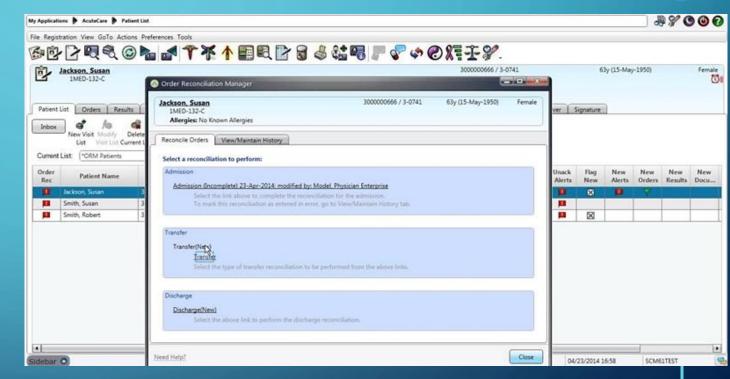
CDSS CLINICAL DECISION SUPPORT SOFTWARE

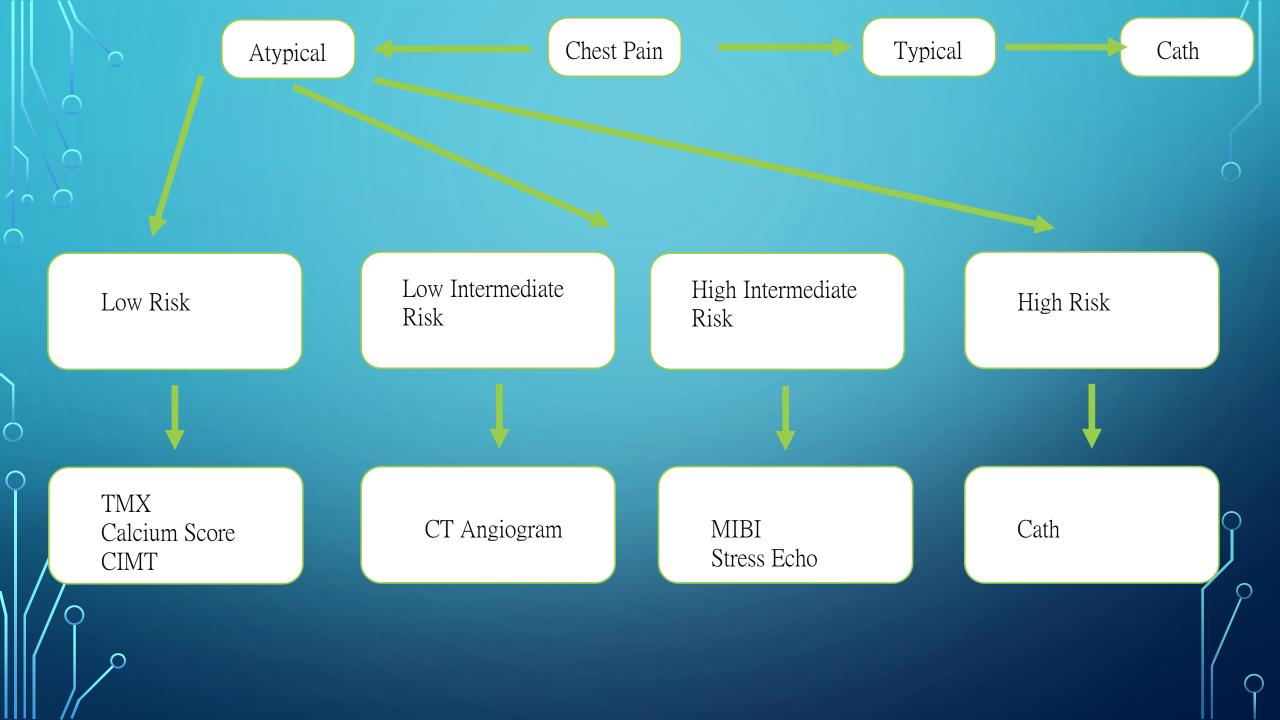
- Health Records have been successfully mined for post-market surveillance of medications and improved pharmacovigilance.
- CDS can be closely integrated with CPOE (Computer Provider Order Entry)
- CPOE for pharmacy orders has been around for several years in an effort to leverage technology to reduce medication error

CPOE

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- Helps in CDSS
- Protocolsize certain prescriptions
- Tracks prescriber data
- Tracks dispensation of medications, eg warfarin, antibiotics, opiod and sedative use.





PHARMACO-VIGILANCE

- Using Big data to help programme software to detect and help resolve prescription errors
- Detect where most common errors occur
- Help formulate Decision support software to prevent that from occuring

COUNTERFEIT DETECTION

- 'track and trace' legislation to combat illegal drugs in the pharmaceutical supply chain.
- Artificial Intelligence (AI) will allow companies to use their 'track and trace' programs to deliver new levels of transparency and visibility to their supply chains.

WAFARIN DOSING

• Improves safety

- Training
- CDSS

Research Article **Revisiting Warfarin Dosing Using Machine Learning Techniques**

Ashkan Sharabiani,¹ Adam Bress,² Elnaz Douzali,¹ and Houshang Darabi³

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³Department of Mechanical and Industrial Engineering, University of Illinois at Chicago, Room 2055, ERF Building, 842 W Taylor Street, Chicago, IL 60607, USA

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Academic Editor: Chuangyin Dang

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Determining the appropriate dosage of warfarin is an important yet challenging task. Several prediction models have been proposed to estimate a therapeutic dose for patients. The models are either clinical models which contain clinical and demographic variables or pharmacogenetic models which additionally contain the genetic variables. In this paper, a new methodology for warfarin dosing is proposed. The patients are initially classified into two classes. The first class contains patients who require doses of >30 mg/wk and the second class contains patients who require doses of \leq 30 mg/wk. This phase is performed using relevance vector machines. In the second phase, the optimal dose for each patient is predicted by two clinical regression models that are customized for each class of patients. The prediction accuracy of the model was 11.6 in terms of root mean squared error (RMSE) and 8.4 in terms of mean absolute error (MAE). This was 15% and 5% lower than IWPC and Gage models (which are the most widely used models in practice), respectively, in terms of RMSE. In addition, the proposed model was compared with fixed-dose approach of 35 mg/wk, and the model proposed by Sharabiani et al. and its outperformance were proved in terms of both MAE and RMSE.

Disesae Mapping and Resouce Allocation

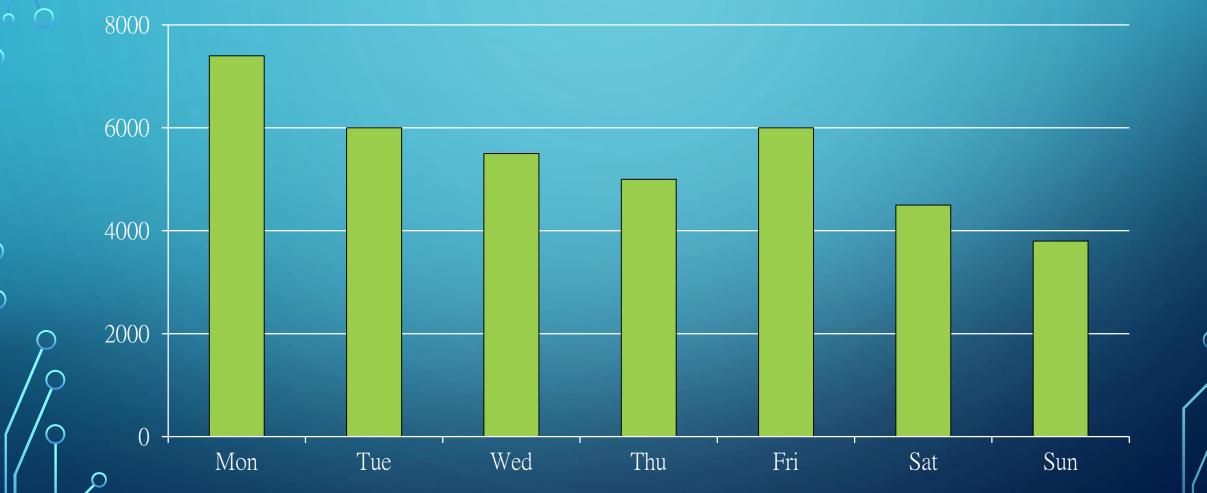
DISEASE MAPPING

- In the wake of serious shortages of doctors and nurses, international public health organizations have been forced to make tough decisions about which groups are in the most dire need of treatment.
- Ebola crisis inspired the use of various platforms, apps, and services to collect data and communication and provide real-time information about recent outbreak situations and developments.
- a mobile phone based data-collection system that was able to collect real-time data about teacher and student attendance to help ensure hygiene equipment had been delivered to schools in Sierra Leone.

SEE TRENDS FOR DEPLOYMENT OF STAFF

- ability to predict and track major outbreaks in order to improve public healthcare resources and the dissemination of healthcare messages to victims using social media.
- Predictions of serious healthcare emergencies such as exacerbations of asthma can be better predicted in models that combine social media analysis with environmental data.
- prediction models of the volume of daily emergency-department visits for acute asthma (volume defined as low, moderate, or high) using Twitter activity, Google searches, and air-quality data

ACCIDENT AND EMERGENCY ADMISSIONS

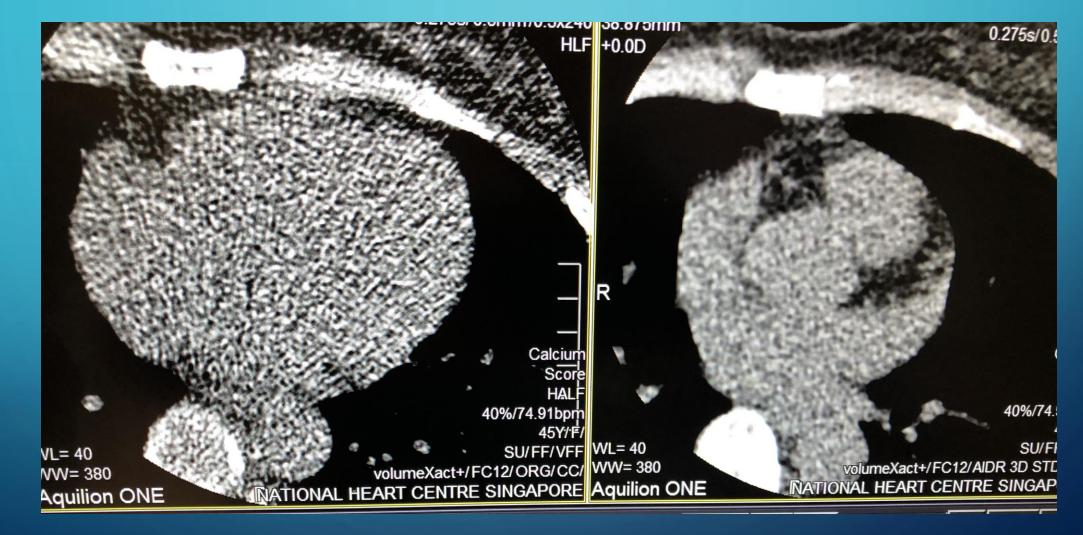


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BIG DATA AND CARDIAC IMAGING

- AI to improve image quality
- AIDR (Adaptive Iterative Dose Reduction)
- Interpolation of images much like how TVs convert DVD images to 4K

BIG DATA AND CARDIAC IMAGING



Original

AI Enhanced

RESEARCH ARTICLE

Can machine-learning improve cardiovascular risk prediction using routine clinical data?

Stephen F. Weng^{1,2©}*, Jenna Reps^{3,4©}, Joe Kai^{1,2‡}, Jonathan M. Garibaldi^{3,4‡}, Nadeem Qureshi^{1,2‡}

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Citation: Weng SF, Reps J, Kai J, Garibaldi JM, Qureshi N (2017) Can machine-learning improve cardiovascular risk prediction using routine clinical data? PLoS ONE 12(4): e0174944. https://doi.org/ 10.1371/journal.pone.0174944

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Data Availability Statement: This dataset contains patient level health records with intellectual property rights held by The Crown copyright, which is subject to UK information governance laws. The authors will make their data available upon specific requests subject to the requestor obtaining ethical and research approvals from the Clinical Practice Research Datalink Independent Scientific Advisory Committee (https://www.cprd.com/intro.asp) at the UK Medicines and Health Products Regulatory Agency.

Abstract

Background

Current approaches to predict cardiovascular risk fail to identify many people who would benefit from preventive treatment, while others receive unnecessary intervention. Machine-learning offers opportunity to improve accuracy by exploiting complex interactions between risk factors. We assessed whether machine-learning can improve cardiovascular risk prediction.

Methods

Prospective cohort study using routine clinical data of 378,256 patients from UK family practices, free from cardiovascular disease at outset. Four machine-learning algorithms (random forest, logistic regression, gradient boosting machines, neural networks) were compared to an established algorithm (American College of Cardiology guidelines) to predict first cardiovascular event over 10-years. Predictive accuracy was assessed by area under the 'receiver operating curve' (AUC); and sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV) to predict 7.5% cardiovascular risk (threshold for initiating statins).

Findings

24,970 incident cardiovascular events (6.6%) occurred. Compared to the established risk prediction algorithm (AUC 0.728, 95% CI 0.723–0.735), machine-learning algorithms improved prediction: random forest +1.7% (AUC 0.745, 95% CI 0.739–0.750), logistic regression +3.2% (AUC 0.760, 95% CI 0.755–0.766), gradient boosting +3.3% (AUC 0.761, 95% CI 0.755–0.766), neural networks +3.6% (AUC 0.764, 95% CI 0.759–0.769). The highest achieving (neural networks) algorithm predicted 4,998/7,404 cases (sensitivity 67.5%, PPV 18.4%) and 53,458/75,585 non-cases (specificity 70.7%, NPV 95.7%), correctly predicting 355 (+7.6%) more patients who developed cardiovascular disease compared to the established algorithm.

BIG DATA COMPARED TO ESTABLISHED ALGORITHMS



RESEARCH ARTICLE

Can machine-learning improve cardiovascular risk prediction using routine clinical data?

Stephen F. Weng 1,2* *, Jenna Reps 3,4* , Joe Kai 1,2† , Jonathan M. Garibaldi $^{3,4\pm}$, Nadeem Qureshi $^{1,2\sharp}$

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Abstract

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Wearbles and Sensor Data

WEARABLES AND SENSOR DATA

- smartwatch to monitor your heart rate , heart rate recovery , ECG
- Blood pressure
- Blood glucose
- SPO2

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• Steps and Calorie burn









WEARABLES

- Through the use of these wearables, patients may be alerted to take their medication or moderate their activity levels, due to an irregular heartbeat or a change in blood-oxygen levels.
- This remotely-collected data will automatically be integrated with other streams of data and EHRs to help alert doctors and family members, in the event of an emergency
- Physician Visits just 10 mins, Wearables give longitude data

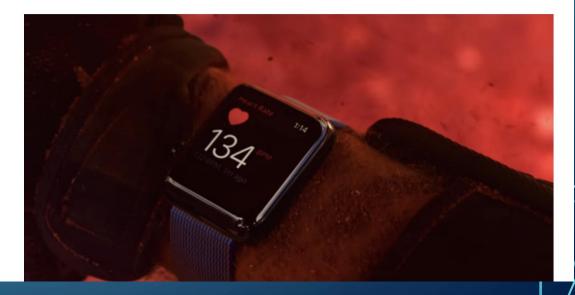
WEARABLES

- baseline may predict a disease state or sliding into a disease state.
- able to intervene sooner to prevent you from that kind of slide.
- And while the wearable devices today are in this more recreationalgrade state, they' re changing incredibly rapidly into research grade and ultimately clinical grade.

Apple Watch's heart rate sensors

By Roger Fingas Monday, May 28, 2018, 05:59 am PT (08:59 am ET)

An Apple Watch owner in England was recently rescued by a watchOS alert that his heart rate had suddenly spiked, even though he otherwise felt fine.



WEARABLES

- data collection will be passive,
- looking at dashboards about themselves
- they' re able to see it every day and understand what it means.

●●○○○ T-N	Aobile Wi-Fi 🗢 8:20	0 PM	1 🕴 71% 🔳 🕨	•০০০০ T-Mobile Wi-Fi 🗢	8:20 PM	≁ ∦ 71% ■ D•	••००० T-Mobile Wi-Fi 🗢	8:20 PM	7 \$ 70%
	Healtl	h Data		< Health Data	Activity		K Health Data	Activity	
Act	ivity	Mindfu	Ilness	Sit less, move r exercise.	nore, and get	some	Today		
		AKK.					Active Energy		456 _{kcal}
Nut	trition	Sleep		ĺ			Exercise Minutes		11 _{min} _{Today, 5:42 PM}
		* •					Flights Climbed		4 floors Today, 5:41 PM
				Activity MOVE		Today, 8:19 PM	Resting Energy	2	,361 kcal Today, 8:01 PM
T	Body Measurements	S	>	456/450 kcal			Stand Hours		16hr
~	Health Records		>	EXERCISE 11/30 min					Today, 9:00 PM
*	Reproductive Health	ı	>	11/30 11111			Change	_	
	Results		>	STAND 16/12 hr			Steps	5,	243 _{steps}
S	Vitals		>	10/12 11					Today, 8:17 PM
				Today			Walking + Runnir	ng Distance	2.5mi
Health D		Sources	Medical ID	Health Data To		Medical ID	Health Data Toda		

Data Security, Integrity and Protection

DATA SECURITY CHALLENGES

- increase in patient numbers,
- harder for hospitals and clinics to process and store information.
- Secure information sharing methods, are crucial
- This is where blockchain comes in useful, as one of its main advantages is data integrity. When information is recorded and encrypted, it becomes impossible to change or remove.

• BLOCK CHAIN

 technology that creates immutable and distributable data records which are shared peer to peer between networked database systems.

- records digital events in a way that does not allow for the data to be changed or recognized until it reaches the recipient.
- data is theoretically secured and protected from data breach threats.



Block Chain Serial Graphic cards Array

research results and ensure regulatory compliance

• Secure verification of medical data and audits

- Improve the integrity of clinical

- secure recording and sharing of information is anchoring data to the public blockchain.

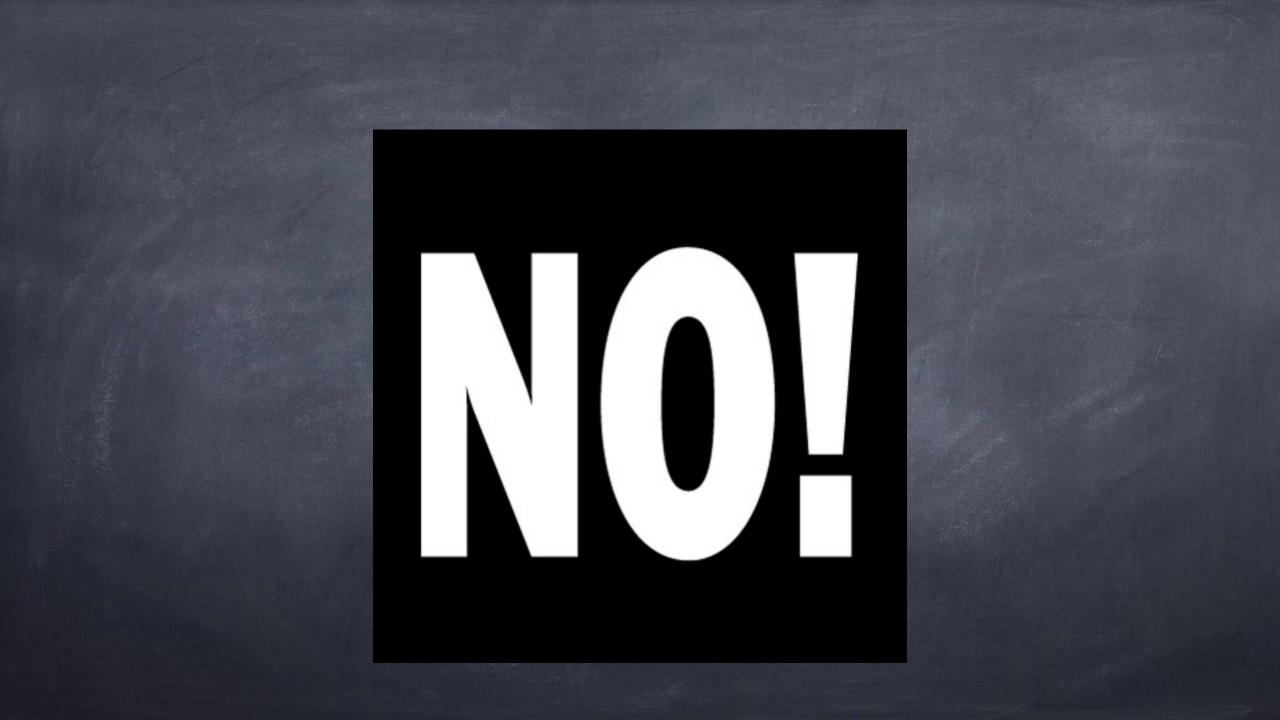
• BLOCK CHAIN

Annalasal

WHY BLOCK CHAIN IS SECURE

- decentralized register, recording every transaction made through the system.
- Every device that is a part of the system stores a copy of this block.
- Before making a transaction, the system confirms whether a blockchain version coincides with another in the network.
- Therefore, each blockchain user can identify the owner of a particular data block at any time.
- blockchain is not only a secure way to send money, but a fully protected data sharing method that widens its potential use in healthcare.

Is Clinical Medicine dead?



DON' T FOLLOW COMPUTERS BLIND

- AI and Big Data are tools tat help physicians identify and decide how to treat patients
- It cannot supplant the reassurance that a doctor gives the patient.



A Calcium Score of Zero has a High Negative Predictive Value for Excluding Severe Coronary Artery Stenosis in Symptomatic Patients in an Asian Population



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Author Disclosures: Chua SJ – National PI for ALTITUDE Study & TRILOGY Trial All Others – No Disclosures

Introduction

Coronary Artery Calcium (CAC) scoring may have potential as a gatekeeper to further testing with Coronary Computed Tomography Angiography (CCTA) or other tests in patients presenting with chest pain and suspected Coronary Artery Disease (CAD). Apart from a substudy of the CONFIRM Registry, other studies evaluating CAC for this role had limited sample sizes with conflicting results. Moreover, none of these studies were performed in an Asian population. The aim of our study was to assess the Negative Predictive Value (NPV) of CAC scoring for CAD as defined by CCTA in a large symptomatic Asian population.

Coronary Artery Calcification

Coronary artery calcification has been extensively studied and is one of the strongest predictors of future coronary events and mortality. The advantages of CAC are that it is relatively low cost and efficient, involves low radiation doses, requires a lower level of expertise to interpret and does not require the administration of intravenous contrast.

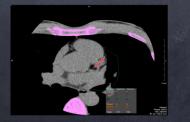


Figure 1. A patient with coronary calcification in the left anterior descending artery. Such patients have been shown to be at risk from coronary events.

Methods

Results

Mean Age

Mean BMI

Male

Female

Symptoms

Chest Pain

Risk Factors

Hypertension

Dyslipidemia

Stenosis

≥70%

≥50%

Current Smoker

Diabetes Mellitus

FHx of premature CAD

Degree of Sensitivity Specificity

(%)

96.4

96.1

Dyspnea Others

Demographics

This was a single-center, observational study of all patients referred to our institution for CCTA from March 2007 to September 2012. All patients underwent CAC prior to CCTA on either a 64-Slice or 320-Slice CT using a standard protocol. CAC scores were interpreted using a dedicated work station via the Agatston Schema. Patients with no symptoms, prior infarct, known significant CAD, previous revascularization or uninterpretable scans were excluded from the study. Pre-test risk for severe CAD was calculated for patients presenting with chest pain using the Duke Clinical Score. 95% Confidence Intervals (CI) were calculated using the Clopper-Peason Exact method.

 55.7 ± 10.9

 25.6 ± 4.3

715 (58.3%)

512 (41.7%)

Frequency

968 (78.9%)

173 (14.1%)

86 (7.0%)

Frequency

126 (10.7%)

617 (50.3%)

853 (69.5%)

198 (16.1%)

236 (19.2%)

[91.0-99.0] [43.9-49.8] [98.1-99.8] [12.6-18.0]

[93.5-97.7] [54.4-61.0] [95.8-98.7] [42.5-50.1]

(%)

46.8

57.8

NPV

(%)

99.2

97.5

PPV

(%)

15.1

46.3

Diele	Chest pain patients, ≥70% stenosis									
Risk	Sensitivity	Specificity	NPV	PPV						
Category	(%)	(%)	(%)	(%)						
High	92.9	15.5	84.6	30.2						
(n=96)	[76.5-99.1]	[8.0-26.0]	[54.6-98.1]	[20.8-41.1]						
Intermed	100.0	38.1	100.0	13.3						
(n=415)	[90.5-100.0]	[33.2-43.1]	[97.5-100.0]	[9.5-17.9]						
Low	94.7	67.1	99.7	11.3						
(n=461)	[74.0-99.9]	[62.4-71.5]	[98.1-100.0]	[6.8-17.3]						

Of 1227 symptomatic patients who underwent CAC scoring and CCTA, 527 patients had a CAC score of zero. Four of 527 patients (0.8%) had severe stenosis (\geq 70% stenosis) while 13 of 527 patients (2.5%) had moderate to severe stenosis (\geq 50% stenosis) on CCTA. The NPV of CAC score of zero for excluding \geq 70% stenosis was 99.2% and for excluding \geq 50% stenosis was 97.5%. The NPV of CAC score of zero for excluding \geq 70% stenosis in chest pain patients with high, intermediate and low risk for severe CAD were 84.6%, 100% and 99.7% respectively. The NPV for excluding \geq 50% stenosis were 76.9% [46.2-95.0], 96.0% [91.4-98.5] and 99.0% [97.0-99.8].

Conclusion

In a symptomatic Asian population referred for CCTA, a CAC of zero had a high NPV for excluding severe coronary artery stenosis in patients with an intermediate to low probability of CAD, thus may have potential as a gatekeeper for further testing in this population. In patients with high pretest likelihood of CAD, CAC of zero does not reliably exclude significant CAD.

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SUMMARY

- Big data and AI can be leveraged to help health care in many ways automating mundane processes
- Its an tool
- Cannot fully rely

OTHE Rise of OTHE Artificial Intelligence

SKYNET

SYSTWEAK

NEURAL NET-BASED ARTIFICIAL INTELLIGENCE